



Rebound Air Walker fitting instructions

A CAM Walker (Moon Boot) is designed to immobilise the foot and ankle much like a cast. Unlike standard CAM Walkers the Rebound Air Walker has a fully-integrated air pump and release valve, to help provide compression along with immobilisation.

NB. You must make an appointment with one of our podiatrists for fitting if you are interested in purchasing the Rebound Air Walker or Achilles Wedge Kit. These are not available for hire or purchase over the counter.

Indications

The Rebound Air Walker is primarily used in conjunction with the Achilles Wedge Kit to treat partial and full Achilles tendon ruptures (non-surgical and post-surgical). It may also be used without the Wedge Kit to help treat more complicated fractures or injuries where compression will provide benefits over a standard CAM walker.

Sizing Guide

XSMALL	Mens US 2 - 4	Womens US 3.5 – 5.5
SMALL	Mens US 4 - 7	Womens US 6 – 8
MEDIUM	Mens US 7 - 10.5	Womens US 8.5 – 12
LARGE	Mens US 10.5 - 12.5	Womens US 12 – 14
XLARGE	Mens US 12.5 – 15	Womens US 14 – 16.5

Fitting Instructions



1. Open liner by first unfastening straps and removing front shell.
Note: Do not remove air bulb from liner.
2. Toe Guard can be trimmed off if so desired. (Fig. 1 & 2).
3. Walker circumference (around calf) can be widened by cutting Flex Edge® (Fig. 3 & 4)
4. While seated, place leg in brace.
5. Wrap liner securely around foot then leg (Fig. 5).
6. Place front shell over ankle making sure that the air bulb is aligned with the opening (Fig. 6). Fasten ankle, foot, and calf strap in this order. Tighten straps until snug and comfortable.
7. Inflate air chambers by pressing “+” on the air bulb, and deflate by pressing “-”. Inflate or deflate until snug. (Fig. 7)

Caution: Do Not Over Inflate!

Please speak to your podiatrist or make an appointment if you are suffering from any irritation or experience problems.

WASHING INSTRUCTIONS

Remove liner from walker before washing. The liner should be washed by hand using a mild detergent and 30°C (86°F) cold water. Do not use bleach or strong detergent. Do not wash in washing machine or place in dryer. Line dry in shade. Walker plastic can be washed with a damp cloth and mild soap.